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## Affirmations

**Circle those that describe you...**

I am intelligent.      I am a good talker.      I like to help people.  
I am honest.      I am confident      I am smart      I am a good listener.  
I am a good speaker.      I am fluent.      I am a leader.      I am dependable.  
I am a good reader.      I am a good communicator.      I am interesting.  
I am responsible.      I like to talk.      I am a good problem solver.  
I use good eye contact.      I am good at talking on the phone.  
I am assertive.      I am likeable.      I am friendly.      I am a hard worker.  
I am a good teacher.      I am an advocate.      I am admirable.  
I am amiable.      I am an artist.      I am a singer.      I am knowledgeable.  
I am inventive.      I am a good writer.      I know the speech helpers.  
I am tolerant of others.      I am good at easy speech.  
I am nice.      I am a good speller.      I am an athlete.      I am likeable.  
I am intelligent.      I am a good person.      I am assertive.  
I know my speech helpers.      I am fluent.      I am a good listener.  
I am good in many talking situations.      I am responsible.  
I am a good teacher.      I am an advocate.

**I am \_\_\_\_\_.** **I am \_\_\_\_\_.**