

Fluency Friday Plus & Therapy Ideas for Children who Stutter!

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Fluency Friday Plus.....

- FFP started as an idea in the Spring of 2001.
- I wanted my students who stuttered to meet other kids who shared similar fears, hopes and feelings about stuttering.
- In one hour, I managed to reach several very busy professionals in the Cincinnati area who agreed to work on this project: Phyllis Breen, Susan Givler, Irv Wollman, Jim Mallot, Ann Slone and of course my partner Patty Fisher....

Fluency Friday...

- Fluency Friday started in 2001 with 20 children/teens who stuttered and a few parents who spent the day talking and sharing hopes, ideas and information.
- The next year, FFP grew to a day and one-half. Each year we have continued to grow. FFP-2007 had 57 children/teens who stutter, approximately 60 parents, 45 graduate students from the University of Cincinnati and Miami University and 18 supervisors.
- Rod Gabel, Derrick Daniels, Donna Cooperman, & Nina Reardon provided professional support.

Current Leadership includes

- Karen Rizzo, Carie Lewis, Stephanie Jeters, Sue Schmidlin, Rose Pietrzyk , Ann Slone & Sally Demmler
- Plus many excellent speech-language pathologists from the Cincinnati area.
- FFP represents several practice settings: university, educational, private practice & hospital.

What are the goals of FFP!

- ❖ Intensive treatment for CWS in both individual and small group settings.
- ❖ Supported practicum for graduate students to develop clinical skills.
- ❖ Parent training/education about stuttering.
- ❖ Developing ideas and information to share with practicing slps including a manual and a web page which continue to be updated and expanded.

Why talk about FFP.....

- Ideas and information is available to you ongoing at www.fluencyfriday.org!!!
- Several of the ideas from FFP will be shared today and you are invited to come and experience FFP-2008 (the first Friday and Saturday morning in November!)
- You don't have to do a project like FFP to impact kids who stutter on your caseload.....you can help these students connect with each other in some unique ways!

Some additional thoughts on FFP....

- Ask yourself what is possible.
- Join your professional organizations and get to know how they can help you.
- Understand your limitations in setting up some intensive group/individual treatment approaches.
- Don't be afraid to ask for help.....our community of professionals is awesome!

PowerPoint as a Motivating, Teaching Tool!

1. Stuttering Treatment needs to include activities to address Speech Behaviors, Coping Behaviors, and Reactions to Stuttering.
2. Materials to address feelings and the cognitive aspects of fluency disorders is needed.
3. Kids/teens are “computer savvy” and love to learn or engage in this type of presentation.

Development of the slides...

- These presentations have been designed using the clients' suggestions for wording, important points and graphics.
- Some of the presentations are concluded using slides specifically developed by CWS which are shared with other students on my caseload. This allows sharing of ideas and thoughts when a group is not possible.

Some Basic Concepts for TX

- Children/Teens need a vocabulary to talk about stuttering & to describe what is happening during a disfluent moment.
- They also need time to think about their stuttering. Thinking allows them to plan strategies for approaching difficult speaking situations.

Presentation....

- I will share several power point presentations and talk about various ideas that have been used successfully in treating children and teens who stutter. These power point presentations will also include materials developed for the Fluency Friday Plus project.
- These presentations are “working documents” that are revised periodically as children and teens re-visit them and update information and ideas.

Power Point treatment allows CWS to describe behaviors & feelings concerning stuttering....

- Children who stutter need a vocabulary to describe what happens in their speech.
- Stuttering often becomes the “it” factor...i.e. “It happens when I talk on the phone.”
- When a person can describe a behavior, then solutions or changes in behavior become manageable.

Power Points are developed..

- By picking a behavior, concept or problem that students talk about in treatment.
- Defining the behavior/ concept
- Explaining how the behavior impacts communication
- Describing personal experiences
- Providing suggestions.

Power Point Presentations

- Materials seen in this presentation are available on www.fluencyfriday.org (Fluency Friday Plus)
- This web site is a product of an intensive treatment program for children/teens who stutter developed by local speech-language pathologists in the Cincinnati area to bring children/teens and their families together to learn more about stuttering. Please feel free to use the materials to help your students!

Power Point Advantages.....

- Allows for Communication between students who feel isolated.
- PP can incorporate a students ideas in a way that validates their feelings.
- PP can be fun and motivating for the child/teen who stutters.
- PP as a teaching tool is flexible, can be changed, can be updated and copies can be sent home for further discussion.
- PP presentations can also deal with specific issues such as teasing, speech helpers, etc.

Power Point teaching tools including:

- What is a Stutter?
- Time Pressure in Communication Interactions
- Avoidance
- My Story
- Analogy to Star Wars
- Personal story about teasing.