

An Intensive Treatment Program for Children/Teens Who Stutter

“Some 20 percent of all children go through a stage of development during which they encounter disfluencies severe enough to be a concern to their parents. Approximately 5 percent of all children go through a period of stuttering that lasts six months or more. Three-quarters of those will recover by late childhood, leaving about 1% with a long-term problem. The best prevention tool is early intervention.”

(Stuttering Foundation of America Web Page)

What can a parent/teacher/friend do when communicating with Child/Teen who Stutters?

- *Be a good listener*
- *Give the teen/child plenty of time to express an idea*
- *Avoid giving “advice” such as “slow down”*
- *Maintain relaxed eye contact*
- *Allow the child/teen to work through a message without trying to “help” by finishing the sentence.*

How does a program like Fluency Friday help?

- *FF provides ongoing support and information for parents, teachers and speech pathologists in the Cincinnati area*
- *FF team members teach at the University of Cincinnati and & present information on stuttering at workshops*
- *FF team members have developed an evidenced based protocol for diagnosing and treating children/teens who stutter*
- *FF continues to expand & reach more children/teens each year!*