

FLUENCY KIT INSTRUCTIONS

All graduate students are requested to prepare/create therapy materials for treating fluency clients. These materials will be used for fluency therapy during the Fluency Friday Plus program.

Each kit should be organized according to the Synergistic Framework.

1. activities for treating the Speech and Language domain/targets
2. activities for treating the Attitudes & Emotions
3. activities for treating Situational issues

Assessment materials for children should also be included. Forms are in the manual.

The most useful materials that have been included in former students' kits have included:

- Therapist-made games, activities, puppets, etc.
- Pictures of a turtle or snail (to visualize slow speech) and a racehorse or a rabbit (to visualize rapid speech)
- A "fluency tool kit" containing items that will help a child remember the targets and/or skills (i.e., rubber band, ball, Chinese finger puzzle, pencil with eraser, eyeball, toy turtle, etc.)
- Maps
- Menus
- Magazines
- Store catalogues
- Story books
- Interesting picture portfolios
- Word cards
- Phrase cards
- Sentence cards
- Lists of current telephone numbers
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The above are only some of the recommended materials for inclusion in your kit. Be creative. Try to think "outside the box" when creating your kit materials. Think about what kinds of activities you might want to have available to you when sitting in front of your assigned child. The more organized your kit, the more functional it will be for you. A good kit does not have to cost a lot of money. Therapist-made materials and free "stuff" make a kit interesting.