



# Putting Together the Pieces of the Puzzle

Creating a TEAM approach to  
helping children who stutter

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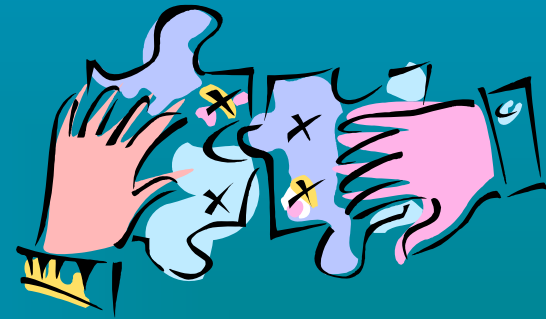
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[www.stutteringtherapist.com](http://www.stutteringtherapist.com)

Fluency Friday  
November 4<sup>th</sup> & 5<sup>th</sup>, 2005

# Parents: Let's brainstorm

- What do you think your child needs?
- What do YOU need?
  - Surface?
  - Deeper?



# What Do YOU Need?



- Knowledge
  - Learn the FACTS
  - Understand the goals and the therapy process
- Support: Find someone to whom you can:
  - Tell your story
  - Share your fears
  - Understand that ALL feelings are valid
- Advocacy
  - To educate others
  - To align with resources
  - To deal with obstacles
- Empowerment
  - To share with your child
  - To help your child in effective ways
  - To move toward acceptance
- Acceptance
  - For your own feelings during the process
  - For your child's process

# Knowledge: The FACTS ☺

- Among the most important:
- Definition
- Causation
  - Myths and Realities
- Variability
- Complexity
- Beliefs and Feelings Component



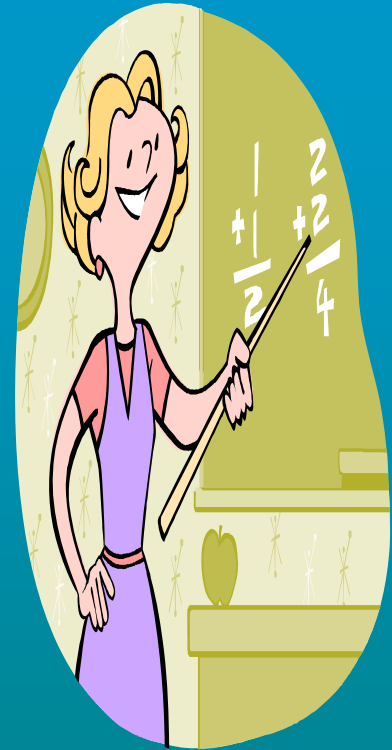
# What Children Who Stutter Need

- Do you have a few days?
- For our purposes today...
  - Knowledge for themselves (**The FACTS**)
  - People who know about and understand stuttering
  - Their own sense of empowerment
    - Let the child teach us
    - Help them connect with resources
  - Models of Acceptance



# What Teachers Need

- Knowledge
  - The FACTS
  - The goals and the therapy process
  - To know that you are willing to collaborate
- Empowerment
  - Connection with resources
  - Ongoing contact with us/ support from us
- Acceptance
  - (Creating an atmosphere in the classroom...)
  - For the child
  - For the disorder
  - For their own process



# Bringing It All Together



→ WE are the models for our children and others

→ Collaboration is a two (or three or four) – way street

→ “You catch more flies with honey than with vinegar” 😊

→ Persistence pays off, but **patience** is paramount! 😊

# Organizations/Resources

- **National Stuttering Association (NSA)**

119 W. 40th Street

14th Floor

New York, NY 10018

Email: [nsastutter@aol.com](mailto:nsastutter@aol.com)

Phone: 1-800-We Stutter

Website: [www.WeStutter.org](http://www.WeStutter.org)

- **Stuttering Foundation of America (SFA)**

P.O. Box 11749

3100 Walnut Grove Road #603

Memphis, TN 38111

Email: [stuttersfa@aol.com](mailto:stuttersfa@aol.com)

Phone: 1-800-992-9392

Website: [www.stutteringhelp.org](http://www.stutteringhelp.org)

- **American Speech-Language-Hearing Association (ASHA)**

Phone: 1-800-638-8255

Website: [www.asha.org](http://www.asha.org)



# Organizations/Resources (con't)

- **Friends**

1220 Rosita Road

Pacifica, CA 94044

Phone: 1-866-866-8335

Website: [www.friendswhostutter.org](http://www.friendswhostutter.org)

- **The Stuttering Home Page:**

[www.stutteringhomepage.com](http://www.stutteringhomepage.com)

- **Board-Recognized Fluency Specialists**

[www.stutteringspecialists.org](http://www.stutteringspecialists.org)

- **Your local library and university libraries**