

Sample Goals

Child will use a facilitating strategy (e.g. cancellations) for 2 conversational turns while speaking on the telephone, 8/10.

Child will use a facilitating strategy for 2 conversational turns while speaking to an adult or peer in the hallway, 8/10.

Child will demonstrate use of light contacts to modify moments of tension during 2-minute monologues, 8/10.

Child will accurately evaluate use of easy starts in three tasks of answering questions (minimum sentence length) 8/10

Child will be able to describe tension points following stuttering up to the sentence level, 8/10.

Child will use objective words to describe his disfluencies, 8/10.

Child will describe tension reducing strategies using objective words (9/10).

Child will participate in periodic measures to evaluate his feelings concerning communication and stuttering (2x per year).

Child will rate his levels of tension and levels of disfluency following speaking activities (1x month).

Child will identify situations where tension/stuttering increases (update situational hierarchy monthly).

Child will construct a problem solving web to approach difficult speaking situations including two strategies to manage tension/stuttering. (as needed)

Child will learn about stuttering by participating in a group session, from reading, online activities or going to FFP. He will be able to give 5 facts about stuttering to a friend or teacher.

Child will educate a friend, family members and/or teachers about stuttering using a presentation, PowerPoint or conversation. (monthly)

Child will identify 5 incidences of avoidance and develop problem solving plan to decrease avoiding behavior (monthly).

Child will identify secondary characteristics as needed and analyze these for possible outcomes (once per quarter).

Child will make a list of emotions characteristic of his/her feeling concerning stuttering in general and at the moment of stuttering (quarterly).

Child will take a list of negative thoughts about communication and modify these thoughts into positive self talk. (10/10)

Child will list potential physical reactions to emotions + negative thoughts (3/4).